

Key Dates for Summer 2011

Sat, June 4th: 10:00 - 11:00 Polar Bear Day/ Meet the coaches

-**For swimmers**

-Meet the coaches and learn about the upcoming season

-Participate in Polar Bear activities; in and out of the water (weather permitting)

-Pick up the June calendar and other important information

-**For Parents (this meeting is important for all parents)**

-Review changes for this season

-Address questions and concerns - we are always looking for suggestion to improve our team.

Mon, June 6th to Thursday June 16th: After School Practice

6th Grade and Above: 3:45- 4:45

5th Grade and Below: 4:45- 5:30

Sat, June 11th: Clinic#1: Starts/Turns/Finishes (in preparation for Time Trials)

10am-11am 5th Grade and below

11am-12pm 6th Grade and Above

Sat, June 18th: Time Trials 9:00- 12:00 (Approx)

-For the first meet lineup we need times from everyone- it is very important that you attend!

-Everyone be there at 9:00

Mon, June 20th: Morning Practices Begin

Dolphins Group: 9:00-9:45 (this is the youngest group)

White Group: 9:45-10:45

Blue Group: 10:45-12:00 (this is the oldest group)

*Groups will be assigned by the coaches after the first week of after school practice and will be based on factors such as ability, age, and commitment)

Mon, June 20th: Meet Orchard View @ KBGH

Wed, June 22nd: Pancake Breakfast : Served to each group immediately after their practice

Thurs, June 23rd: Photos: Team Photo 9am (PLEASE ARRIVE BY 8.45am), Individual Photos will follow

Thurs, June 23rd: KBGH Bye

Sat, June 25th: Clinic #2: Freestyle / Backstroke

10am-11am 10 & Under Age Groups

11am-12pm Age Groups 11 & Above

Mon, June 27th: Meet KBGH @ EMAC

Thurs, June 30th: Meet Stonecrest @ KBGH

Fri July 1st: Firecracker 500

4th of July Celebration – Special workout followed by ice-pops. Normal practice times

Mon, July 4th: No practice - enjoy your holiday!

Thurs, July 7th: Meet KBGH @ Albutis Shepherd Hills

Sat, July 9th: Clinic #3: Breaststroke / Butterfly
10-11am 10 & Under Age Groups
11-12pm Age Groups 11 & Above

Mon, July 11th: Meet KBGH @ Orchard View

Weds, July 13th:
Theme Day for Dolphins & White Group: 9:30-10:45
Blue Group Normal Practice: 10:45-12:00
Blue Group welcome to volunteer for Theme Day

Thurs, July 14th: KBGH Bye

Sat, July 16th: Mini Meet @ Orchard View (8 & Under)

Mon, July 18th: Meet EMAC @ KBGH
After Hours Party

Thurs, July 21st: Meet KBGH @ Stonecrest

Mon, July 25th: Meet Albutis Shepherd Hills@ KBGH

Weds, July 27th: Banquet - 6PM

Thurs, July 28th: "B" Champs @ EMAC

Fri, July 30th: Diving Champs @ Stonecrest

Sat, July 31st: Championships @ Stonecrest

REMEMBER: If your child is going to miss a meet for any reason, you need to fill out a vacation form (found in the mailboxes) and place it in the folder marked "Completed Vacation Forms." The coaches need to know who is available for each meet so the sooner you let us know, the better!

Clinics: Take advantage of the clinics on Saturdays. They are a great way to get one-on-one attention with the coaches and really improve on the minor details that will make a huge difference in becoming a better swimmer.

Be sure to check the monthly calendars as they come out just in case any dates change.

Let's make it a great summer...GO DOLPHINS!!!!