



March 2010 Newsletter

Kay Brook – Green Hills Swim Club, Orefield, PA
1519 Russett Road Phone: (610) 366-9557 WWW.KBGH.ORG

To: All 2010 members:
From: Tom Ward, Membership Chairman

Believe it or not, preparations are already being made to open the pool on Saturday May 22nd, Memorial Day weekend. All active members from the year 2009 have the first option to renew their membership for 2010.

PLEASE RESPOND BY APRIL 1ST TO RETAIN YOUR PLACE FOR THE 2010 SEASON.

After April 1st, waiting list applicants will be invited to join. You must respond in writing to this notice using the enclosed application. **We DO NOT accept email or other electronic acceptances because we need your signature in writing agreeing to the terms and conditions of membership. We will not call anyone missing the deadline.** There are no guarantees for anyone missing the April 1st deadline.

Check our WEBSITE (www.kbgh.org) under Membership periodically to ensure that we have processed your application. Currently, the club still has a long waitlist of prospective new members.

This year we again plan to be open on a part time basis before school closes, weather permitting. Check the website for the latest schedule.

Dues for the 2010 season are **\$400 for a family membership and \$240 for a senior membership.** The one time bond fee is \$350. Please complete the enclosed form, **SIGN IT**, and return it with your payment to Tom Ward, 1719 Lotus Drive, Orefield, PA 18069. Wofog1@aol.com

Guest passes will be: \$5.00 per day and \$2.50 for an evening (after 4:30 PM), or a book of 10 for \$40.00. Guest passes will be available for purchase at the Pool Office only. Guests

living within a 15 mile radius of the Pool can only visit the pool as a guest 5 times in a single season. This does not count KBGH Parties that are open to the public.

Volunteers are needed to place sod on Saturday, April 24th (from 9am till 3pm). This year we invested in a new wading/spray pool. As a result significant amount of grass area has been disturbed. We really need your help this year even if you can only join us for an hour or two. This an excellent opportunity for community service projects. Please contact Mike Sicinski at msicinski@excite.com to volunteer. During this day we will also be doing many other tasks such as painting, landscaping and sprucing up. Each year, the club saves a significant amount of money in maintenance through volunteer help. This is an excellent opportunity for community service projects. Please contact Mike Sicinski at sicinsma@airproducts.com to volunteer.

Swim Team registration will be held on Saturday May 15th, from 10AM to 12PM at Asbury Methodist Church (Upstairs parlor by the sanctuary). Asbury Methodist is located at 1533 Springhouse Rd. See the SWIM TEAM SIGN-UPS section below for additional details.

Synchro Dolphins: We are still looking for someone to head up this swimming activity. If you are interested in leading Synchro Dolphins please contact Cindy Buchman at cbmankgb@hotmail.com .

Swim Lessons will be held each weekday morning starting Monday, June 21st through Friday July 2nd. The cost for lessons is \$20 per child for one week or \$30 per child for both weeks. There will be two half-hour sessions starting at 12 noon and 12:30 PM. The pool will open at 1:00PM on these days. For safety reasons, we will be limiting the number of children per instructor. Complete the enclosed



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application and return it with your membership form or stop by the pool office after the pool opens to sign up. We expect to fill up before the registration deadline date of Saturday, June 5th, so sign up early.

Kids Program will be open to all members. It will be held each Monday and Wednesday from 1:00 to 2:00PM starting on June 21st through July 28th. The cost is a flat fee of \$10 per child for the program. To register, please stop by the pool office.

Social: We have a full slate of social activities planned starting with the 4th of July Party. We will again this year have a DJ and a full day of activities. All are welcome. There are also adult and family socials planned. Please stay tuned for dates and times.

Pool Rules will be the same for this year. At the beginning of the season, each family will be required to sign the “Code of Conduct” agreement at their initial check in.

Pool Rental is available to members for pool use after hours. Costs and requirements are outlined on the website. Contact Mike Peters at petersmj@airproducts.com prior to May 22nd or our pool manager at the pool thereafter to reserve your date.

2010 Board Members are as follows:

Cindy Buchman-President
Tom Ward-Vice President, Membership
Mike Peters-Treasurer
Joe Armbruster, Mike Sicinski, Bob Fager,
Ron Cope - Maintenance
Marie Rappa - Snack Bar
Lydia Colarusso-Personnel
Rachael Sheridan-Swim Team
Nancy Hoffman – Swim Team

SWIM TEAM:

REGISTRATION: Saturday, May 15th, 10:00 am - 12:00 pm at Asbury Church.

*Bring along emergency phone numbers, your calendar, and insurance information. You will be required to sign up for volunteer duty at sign ups. The Valley Swim League requires all swim team members to be active members of the club.

FEE: \$55.00 for the first swimmer/diver; \$40.00 for each additional swimmer/diver, \$60 if a child is both swimming and diving, with a \$125.00 maximum fee per family.

TEAM SUITS: We will be getting new, one year suits this year, so come prepared with size requirements. Suits will be available at registration. Apparel samples and forms will also be available at registration.

SCHEDULES: Meet schedules and practice information will be provided at sign-ups. After school practice starts on Monday June 7th. The meets run from June 24th to July 26th with Championships on July 30th and 31st at Orchard View. Alburts will host the mini-meet (8 and under) on July 17th.

COACHES: This is under development and will be posted online when completed.

ROOKIE TEAM: Rookie team will begin Tuesday, July 6th through Friday July 30th. The fee for Rookies is \$40.00 (Max \$125 Swim Team cost per family still applies). For safety reasons, Rookies are required to have their red band. Registrations take place at the Pool and will be taken until July 2nd. Registration can also be done at Swim Team Sign-ups on May 15th, but this is not required.

DEADLINE: Due to our large numbers, registrations after June 1st will incur a \$10 per person administration fee. No Swim Team registrations will be accepted after Saturday, June 19th. For a summer full of fun and friendships, come join this winning team!



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LEARN TO SWIM AT KBGH SWIM CLUB!

Sign up Deadline: Saturday June 5th or when filled - NO EXCEPTIONS!

First Come - First Served

Two Sessions:

Week 1-Monday, June 21st through Friday June 25th

Week 2- Monday, June 28th through Friday July 2nd

Times- Group 1 12:00-12:30 Group 2 12:30-1:00

COST: \$20.00 PER CHILD for one week or \$30.00 for the **2 week program** (No Refunds for missed days) **AGES** - 4 and up

Fill out the form attached and insert the form and the correct amount along with your application. After May 22nd, you may register at the office. Checks should be made out to KBGH Swim Club. Group size will be limited for Safety reasons. Sign up deadline is Saturday June 5th or when filled.

KBGH Estimate Entry Ability Level: **Killer Whales:** This is the most advanced group. **Swimmers must have a red band to join this group.** This group will learn rotary breathing and swimmers will be introduced to backstroke. The goal of this group is to prepare the swimmers to join the Rookie Swim Team to further their swimming abilities. **Barracudas:** Swimmers in this group should be able to swim under water, streamline without assistance, have an increased independence in the water, able to back float, and be able to start rotary breathing. The goal is for them to swim a ½ lap unassisted freestyle and eventually obtain a red band. **Guppies:** Swimmers should be able to put their face in the water, blow bubbles, jump into the pool with help, back float with help, and streamline with help. The goal for this group is to increase the swimmer's independence and have him/her swim 5 yards of freestyle unassisted. **Herrings:** This is an introductory group for those new to swim lessons. Swimmers should be able to hold on to the wall. The goal of this group is to introduce the swimmer to the water through games and drills aimed at increasing his/her comfort level in the water.

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KBGH SWIM LESSON SIGN UP FORM

Name (First, Last)	Week Request (1, 2 or both)	AGE	Swimming Ability

TOTAL AMOUNT ENCLOSED: \$20 per child per week of \$30 for both weeks. \$